



Controlling High Blood Pressure

Description: Percentage of hypertensive patients 18–85 years old whose blood pressure was adequately controlled (less than 140/90 mm Hg) during 2025

Who Is Eligible? Members 18–85 years of age who had a diagnosis of hypertension (HTN) on at least two different visits during 2025

Service Required for Compliance:

- The **most recent** reading during 2025 must have a systolic blood pressure of less than 140 mm Hg and a diastolic blood pressure of less than 90 mm Hg to be measure compliant
- The blood pressure result must be coded on the visit claim using the following CPT category II codes:
 - 3074F (CPT II): Systolic blood pressure less than 130 mm Hg
 - 3075F (CPT II): Systolic blood pressure 130-139 mm Hg
 - 3078F (CPT II): Diastolic blood pressure less than 80 mm Hg
 - 3079F (CPT II): Diastolic blood pressure 80-89 mm Hg

Helpful Documentation Tips:

- If multiple blood pressure readings are taken on the same date of service, use the **lowest** systolic and **lowest** diastolic blood pressures on that date as the representative blood pressure.
Please do not round values; use exact values.
- If blood pressure reading at beginning of visit is equal to or greater than 140/90, **re-take the reading** after one of the following:
 - Ask the patient to lie down and take deep breaths
 - Offer the patient a cup of water
 - At the end of the visit, after the patient has had time to sit and feel more relaxed
- Review hypertensive medication history and patient compliance to determine treatment plan for uncontrolled blood pressure as needed
- If no blood pressure is recorded during the measurement period, the patient's blood pressure is assumed "not controlled."

Do not include BP readings:

- Taken during an acute inpatient stay or an ED visit
- Taken on the same day as a diagnostic test or diagnostic or therapeutic procedure that requires a change in diet or change in medication on or one day before the day of the test or procedure, with the exception of fasting blood tests.
- Taken by the patient using a non-digital device such as with a manual blood pressure cuff and a stethoscope.